ELITE SKATING ACADEMY
AT MULLETT ICE CENTER

Why the Elite Skating Academy?

The **Elite Skating Academy** is a proud member of Learn To Skate USA. Our classes are progressive, so each class builds into the next one. As you are learning the foundation of figure skating we will also be educating you with how to become competitive in the sport, work with a private coach, and perform in local ice shows!

Elite Skating Academy instructors are Learn to Skate USA Certified, background checked, and hold ratings with the Professional Skaters Association! Our coaches have a proven track record of guiding skaters from the beginning classes on ice, into competitions, ice shows, and whatever your skaters' goals may be!

Skating Sessions

Session 1: Sept 17, 24 Oct 1, 8, 15, 22 (6 weeks)
Classes will continue all year

Learn to Skate
Cost $120
Beginner through Free Skate
Ages 3 and up
6:20 to 7:00pm (7:00 to 7:15 Practice ice)

Classes are divided by age and level starting at learning how to fall and get up on the ice all the way through advanced skills. Our learn to skate classes will never have more than 12 skaters per instructor. The class will be 40 minutes of instruction followed by 15 minutes of supervised practice.

Elite Skating Academy
(All 3 Classes Cost $180)
5:15 to 5:45pm
Strength and Conditioning

This class is taught by Courtney Keller who is a Certified Personal Trainer and a Triple Gold medalist with United States Figure Skating. It will focus on flexibility and agility moves that skaters can practice during the week on their own that will help them progress quicker with their figure skating goals.

5:45 to 6:10pm
Off ice jump class

This class is taught by PSA Master rated coach David Redlin. It will focus on rotational air position, maximizing speed of rotation, and proper body alignment on landings.

6:20 to 7:15pm
On Ice Class
Instructed by our PSA Rated Professional Coaches

Check out our website at: www.EliteSkatingAcademy.com

Email: EliteSkatingAcademyWI.com

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